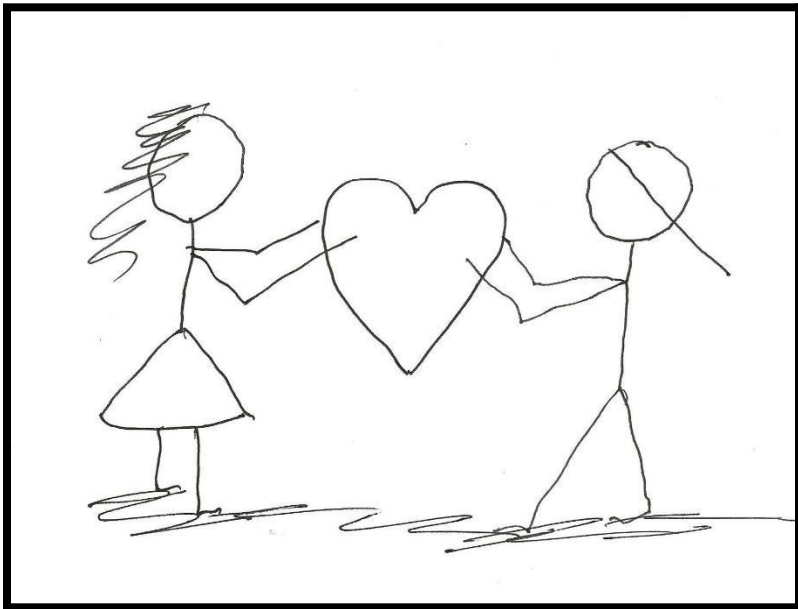


Relationship Rehab Show

Episode 37: A Marriage Rebuild After Twenty Years

Rigo and Veronica so eloquently shared their story of the results of twenty years of neglect... the emotional disconnects, the hurt feelings, needs not being met. This was not because they were trying to neglect their marriage! Not at all! They were doing what so many marriages do...taking care of the business, taking care of the children, paying the bills, etc. The neglect was not deliberate, but because they didn't have the skills or the knowledge to know what their marriage



Marriage is a living entity between two persons. It needs regular nourishment and attention just like the individuals need air and food and rest. Just a few of the regular infusions needed to keep a marriage flourishing are 1) the ability to resolve differences in ways that meet both person's needs, 2) respectful communication, 3) regular fun dates or

get-aways, 4) communication on the level of feelings, concerns and desires.

Fortunately, Rigo and Veronica sought help before their marriage had completely died. They both worked hard to learn and practice the skills

that they had never seen modeled for them by their parents and that they weren't ever taught and didn't know about before.

Consequently their love has been renewed and they now have the confidence and the skills to keep their love alive and thriving!

This can happen for you, as well. Check out **Millionaire Marriage Club** online relationship skills streaming course or the book, **How to Stay Married & Love It! solving the Puzzle of a SoulMate Marriage** about the repair and rebuilding of my marriage to Jim.

You have my love and support!

Nancy Anderson

www.RelationshipRehabCoach.com