

# Relationship Rehab Show

FREE DOWNLOAD Show #6

## Earle and Krystel Doudera's Story

We were high school sweethearts. We were madly in love and optimistically sure we could handle anything. We thought we did everything right. We waited to get married until after we finished college. We waited until after we both had stable jobs. We went through premarital counseling. We read every book, blog, and article about marriage suggested to us. We even interviewed several couples asking for advice or "secrets" to a long-lasting marriage!

Yet on the very same day we came back from our honeymoon, we had our first fight...and it was ugly! Thus began our cycle. We were so full of love and respect when we were happy with each other. But when we disagreed, our poor communication and disrespectful behaviors tore at our hearts and our dreams. We soon felt hurt, regret, withdrawal, hopelessness, and finally, passive acceptance. We'd had as much advice as we could get, but we had no idea what it looked like to live out the advice. What were the step-by-step behaviors that would lead to a happy marriage?

We met Nancy in a real estate investment group. She asked if we'd be willing to be filmed learning how to have a skilled discussion. Sure! The day she taped us learning this skill we got a taste of the practical skills that Nancy teaches to help couples like us learn *how* to live out all the great advice we'd been given.

A few months later we enrolled in Nancy's Millionaire Marriage Club coaching package. Over the next few months we learned and practiced some very practical "how to" methods of effective communication and anger management. We learned how to communicate RESPECTFULLY *even when we disagreed*. Once we committed to using these new skills, we never had another fight. We learned that by using these skills, we could resolve any difference that came up between us. We were thrilled to have our confidence return that we could handle anything and enjoy the "in love" feelings for the rest of our lives!

We continue to use these practical skills with every new stage of our life, including welcoming a new baby! We consistently enjoy each other's company and treat each other with respect 24/7. There is love and joy in our home because we savor the peace that is the result of making these skills our new habits.

Note from Earle: I find the communication skills helpful in my job as a salesman. I frequently use the skill of Perception Checking to clarify whether or not a client is wanting to move on through the process of education before they purchase my product. I treat my clients with respect which leaves the door open for future sales even if they do not buy from me immediately.

Note from Krystel: I am currently building my own coaching practice under the mentorship from Nancy and using her Millionaire Marriage Club program and books. I am excited pass on the skills to as many other couples as I can that transformed our own marriage. Everyone deserves to have the marriage they thought they were getting when they said, "I do!"

Note from Nancy: Krystel has already helped to improve the marriages for several of her client-couples. I am happy to give her my support and highest recommendation! She does all of her coaching sessions online and has served couples all over this country.

Krystel's Calendar link:

<https://calendly.com/krystel-doudera/complimentary-coaching-session>

**Krystel Doudera**

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