

# Relationship Rehab Show

## Episode 52: All You Need For a Happy Lasting Marriage & Family

These are all of the resources that Nancy Landrum on Relationship Rehab Show has to offer you. Find all of these at [www.RelationshipRehabCoach.com](http://www.RelationshipRehabCoach.com)

### Books:

[How to Stay Married & Love It! Solving the Puzzle of a SoulMate Marriage](#) and [How to Stay Married & Love It EVEN MORE](#). These two books tell how Jim and I learned the skills that gave us the happy, loving marriage of our dreams.

[Stepping TwoGether: Building a Strong Stepfamily](#) shares the research validated practices that enable stepfamilies to succeed. Several examples of real step-couples are included.

[Love Potions for Health Relationships Series](#). These are several small books that give examples of healthy communication and conflict management skills in relationships other than marriage.

1. [Season the Pot](#) tells how our beliefs determine the quality of relationships we attract or create.
2. [Communication Elixirs](#) shares the same respectful speaking and listening skills taught in Nancy's other works but with examples from all relationships.
3. [Savory Safeguards](#) gives practical skills for managing strong emotions like hurt and anger with examples from many kinds of relationships.
4. [Pungent Boundaries](#) documents how to disconnect from excessive people-pleasing and set appropriate boundaries for how others treat you.
5. [Your Inner Child: a Path to Healing and Freedom](#) shares Nancy's personal journey out of severe depression, the healing of past traumas and belief changes that enabled her to treat herself with greater kindness and respect. The pathway is clearly outlined for you to do the same work for yourself.
6. **In production: a book about how to build healthy emotional connections with your child...connections that create self-esteem and security.**

## Online Streaming Courses:

**Millionaire Marriage Club**: An online streaming course that can be purchased independently and self-paced or used together with a comprehensive coaching package from either Nancy or one of her certified associate coaches. It includes eight modules covering eight different aspects/skills that help you create a loving, lasting, happy marriage. Chapters from **How to Stay Married & Love It!** supplement every module.

**Millionaire Marriage Club: Stepping TwoGether Edition**: An online streaming course that can be purchased independently and self-paced or used together with a comprehensive coaching package from either Nancy or one of her certified associate coaches. It includes eight modules covering eight different aspects/skills that help you create a loving, lasting, happy marriage. Every module has an introduction that outlines various strategies that help stepfamilies succeed. Chapters from both **How to Stay Married & Love It!** and **Stepping TwoGether** flesh out the information included in the streaming course.

Both streaming courses are comprehensive, robust in their delivery of valuable, practical, effective information that maps out clear paths for how to be successful in your marriage and family.

**52 EPISODES** of Relationship Rehab Show available as videos or podcasts at [www.RelationshipRehabShow.com](http://www.RelationshipRehabShow.com) covering topics from marriage skills, stepfamily strategies, inner child and boundary setting work using Nancy's teaching as well as frequent interviews from persons who have put these skills into practice with great success.

**Coming Soon:** A certification process for those who want to learn how to build a coaching practice with individuals and couples using Nancy's materials. Put yourself on the mailing list for future information.

As always, you have my love and support,



Use this link to book a complimentary appointment with Nancy:

<https://calendly.com/nancylandrum/complimentary-first-appointment>