

Relationship Rehab Show

Episode 43: Laws of Nature That Can't be Ignored

When Jim and I were in the worst of our marriage conflict days, one thought kept coming to my mind: “There are laws of nature that are so dependable, rational. There must be laws of relationship that, if I knew them, I would obey them because I want the result of a happy, loving marriage. What we’re doing now must be violating some laws and we’re suffering the consequences.” My prayer was to learn and understand the laws, that if obeyed, would give me the marriage we both longed to experience.

If I jump off of a three-story building without a safety net, I’m going to get severely hurt...or die. The law of gravity can only be ignored if you’re willing to risk your life!

Over time, my prayers were answered. I learned that sarcastic put-downs would always bring the consequence of a negative reaction from Jim...either defensiveness or a counter-attack. This law was as dependable as gravity.

When we made a parenting agreement, and Jim changed it without my agreement, the result to our relationship could be compared to him jumping out of a speeding train.

When a client paid caring attention to a friend of the family over a period of several weeks, including late night texts and phone calls, the hurt and upset of his wife was as predictable as if he’d let a car run over him.

When another client refused to see how her distrust of her husband had its roots in the unfaithful behavior of her father, and rather expressed suspicion repeatedly toward her husband, the resulting frustration and emotional withdrawal was just as predictable as getting struck by lightning if she were standing alone at the top of a mountain during a big storm.

There are relationship laws that when understood and obeyed, give you the results of a loving, lasting, peaceful marriage. When those laws are disobeyed, even in ignorance, you get the consequences of hurt, anger, emotional distance and frustration with the relationship.

Find a wealth of resources on my website, from [books](#), to my online coaching course at www.MillionaireMarriageClub.com and even private coaching with me in person or on Zoom. Any or all of these resources will help you learn about and align yourself with relationship laws that will work in your favor to build a happy lasting marriage and family!

You have my love and support,

Nancy Landrum

www.RelationshipRehabCoach.com